Performance Profile			Player:		
Competences, Skills	Importance (0-5)	Score (0-5)	Action (Y/N)	Goal / Period	Approach
Tactical					
Defense					
Posioning in the 1st line	5				
Actions in counteratack	3				
Attack					
Positioning & actions in Live of the Ball family	5				
Technical					
Playing the Ball					
Short pop L/R	5				
Long Spin L	1				
Long Spin R	1				
Playing of the Ground L	3				
Playing of the Ground R	3				
Dummy	3				
Oppakken L/R	3				
Catching the Ball					
Catching from L	5				
Catching from R	5				
Soft hands	5				
Kicking					
Taking Ball into Contact					
Evade Defender	5				
Defense					
Tackle Low L/R	3				
Go forward in Tackle	1				
Understand tackle zone	3				
Physical					
Coordination & Mobility					
Coordination	5				
Core Stability	3				
Strength Endurance Game					
Strength Endurance Training					
Strength					
Speed					
Footspeed	3				

Performance Profile			Player:		
Competences, Skills	Importance (0-5)	Score (0-5)	Action (Y/N)	Goal / Period	Approach
Reaction Speed	3				
Mental					
Personal Leadership					
Selfconfidence	5				
Look back & Evaluate	3				
Winner Mentality (Performance)					
Dealing with Changing Situations	3				
Dealing with adversity	3				
Resilience					
Listening to others	5				
Dealing with Positive Feedback	3				
Give Positive Feedback	3				
Communication					
Commitment	5				
Show determination	5				
Discipline					
Honesty	5				
Respect	5				
Confidence					
Working together, being reliable	3				
Executing tasks	5				
Speak-up for yourself and others	3				
Other					

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